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Transfer Conference for Counselors



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California Community Colleges

Introductions



Nicole Jimenez
Nursing Counselor
San Bernardino Valley
College



Athena Corrales
Allied Health & General
Counselor
Chaffey College



Maritza Robles
Nursing Adjunct Counselor &
CEP Coordinator
San Bernardino Valley
College



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Supporting Pre-Nursing Students: Strategies for Success

2025

Presented by:
Athena Corrales
Nicole Jimenez
Maritza Robles



Understanding Nursing Students' Needs

Academic Rigor

- Nursing programs are competitive. Prerequisite coursework demands high GPA

Life Balance

- Students Juggle academic with time management, family, self-care

Financial Strain

- Costs include program fees and living expenses



Academic Rigor

Time Management

- Class schedule and examples
- Submitting required documents (Castlebranch, background, immunizations)

Educational planning

- Pathways to Nursing
- Mindful of load for student
- Plan accordingly

Transfer Preparation

- **Plan Ahead:** Research transfer requirements early to avoid last-minute stress
- **Stay Organized:** Keep track of prerequisites, deadlines, and application materials.
- **Seek Resources:** Utilize transfer counselors and workshops offered by your community
- **Transfer Centers:** Connect with your transfer center. Have Reps come for Transfer Fairs

Mindset and Resilience

- **Stay Positive:** Focus on your long-term goals and remind yourself why you chose this path.
- **Celebrate Small Wins:** Acknowledge your progress, no matter how small.
- **Ask for Help:** Don't hesitate to seek support if you're struggling academically or personally.



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Life Balance

Self-Care

- **Physical Health:** Get enough sleep, eat nutritious meals, and exercise regularly to maintain energy and focus.
- **Mental Health:** Practice mindfulness, meditation, or deep breathing to manage stress.
- **Take Breaks:** Schedule short breaks during study sessions to recharge.

Support Systems

- **Family and Friends:** Communicate your needs and schedule to loved ones for emotional support.
- **Peer Networks:** Connect with classmates for study groups and mutual encouragement.
- **Faculty and Advisors:** Seek guidance from instructors or academic advisors when feeling overwhelmed.



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Financial Strain

Tuition and Fees

- **Community College Affordability:** The cost advantage of starting at a community college compared to a four-year institution.
- **Payment Plans:** Many colleges offer installment plans to spread out tuition payments over time.
- **Hidden Costs:** Budget for additional expenses like textbooks, uniforms, lab fees, and clinical supplies.

Financial Aid

- **FAFSA:** Encourage students to complete the Free Application for Federal Student Aid (FAFSA) to access grants, loans, and work-study opportunities.
- **Grants:** Pell Grants and state-specific grants (e.g., Cal Grants) are free money that doesn't need to be repaid.
- **Scholarships:** Research nursing-specific scholarships through your college, professional organizations, and private foundations.

Work-Study and Part-Time Jobs

- **On-Campus Jobs:** Look for work-study positions that accommodate your class schedule.
- **Flexible Employment:** Consider part-time jobs in healthcare settings (e.g., CNA, medical scribe) to gain experience while earning money.
- **Time Management:** Balance work hours with academic responsibilities to avoid burnout.



Financial Need Cont.

Transfer-Specific Financial Planning

- **Research Transfer Costs:** Understand the tuition and fees at your target four-year institution.
- **Articulation Agreements:** Take advantage of transfer agreements that ensure your credits apply, saving time and money.
- **Transfer Scholarships:** Many universities offer scholarships specifically for transfer students.

Additional Resources

- **Financial Literacy Workshops:** Attend workshops offered by your college to learn about budgeting, saving, and managing debt.
- **Nursing Program Support:** Some nursing programs have emergency funds or grants for students facing financial hardships.
- **Community Resources:** Explore local nonprofits or organizations that provide financial assistance to students.

- Average cost of a Community college Nursing program can range from \$5k-10k
- BSN program Cost can range between 7K-100K



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Best Practices in Nursing Counseling

1

Holistic Approach

Tailor counseling to individual needs

2

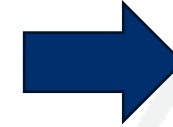
Career and Emotional Support

Provide career services, interview prep, and wellness initiatives.

3

Educational Planning

Offer more sections and short -term options. Use of CVC.edu



Most importantly stay up-to-date on Nursing information.

- attend information sessions
- attend Allied health conference
- Have a Nursing liaison for general counseling



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Using Technology to Support Nursing Students

- Technology can aid in tracking progress, communicating with students, and providing resources like academic planners or advising platforms.
- Digital Tools and Resources: Discuss how technology can aid in tracking progress, communicating with students, and providing resources like academic planners or advising platforms.
 - GPA Calculator
 - Prior Credit Evaluations: LaserFiche
- ConexED virtual appointments
- Online information sessions & Application workshops
- Online application to the program
- Widget
- Shared drive/Canvas with streamlined information about your ADN



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Nursing Prerequisites

Required Prerequisites for RN Examination and Endorsement Applicants

California Code of Regulations Section 1426 identifies the prerequisite courses required in addition to a nursing program:

Communication skills, six (6) semester or nine (9) quarter units shall include principals of:

- Oral communication
- Written communication
- Group communication

Related natural sciences, sixteen (16) semester or twenty-four (24) quarter units shall include:

- Anatomy with lab
- Physiology with lab
- Microbiology with lab
- Behavioral sciences (Psychology)
- Social sciences

Strategies for Successful Application

- TEAS Prep & passing score for each program
- Be aware of deadlines
- See a Nursing Counselor
- Attend information sessions & application review workshops
- Science recency/repeat policies
- GPA requirements
- Supplemental application
- Transcript copies





Ways to Improve Competitiveness for Transfer

- Certifications/Licenses
- Work and Volunteer Experience
- Foreign Languages
- GPA





TEAS Preparation

The ATI TEAS exam is comprised of 170 total questions, with 209 minutes in allocated testing time. Questions consist of: Reading, Math, Science, English & Language usage.

- Know the current TEAS version
- [Mira Costa Community College](#) preparation sessions
- [ATI](#)
- Some schools may use the Health Education Systems Incorporated (HESI) exam



Affinity Groups Pathways

- Healthcare Pathway for traditional students & high school dual enrollment
- This would include:
 - Cohort prerequisite sections
 - Wrap around services ie: Counseling, imbedded tutoring, workshops, mentorship
- Males of color cohort



Pre-Licensure BSN Programs (CSU/UC)

- 16 California State Universities (CSU)
 - CSUS Bakersfield, CSU Channel Islands, CSU Chico*, CSU East Bay*, Fresno State, CSU Fullerton, CSU Long Beach*, Cal State LA, Sacramento State*, CSU San Bernardino, San Diego State, San Francisco State*, San Jose State, CSU San Marcos, Sonoma State, and Stanislaus State*
- 2 University of California (UC) Campuses
 - UC Irvine and UC Los Angeles

*Admit 2 times per year



Lower Division Major Coursework (CSU's)

Requirements vary by campus

- **College Composition**
- **Communications:** Elements of Public Speaking OR Interpersonal Communication OR Small Group Communication
- **Critical Thinking**
- **Statistics:** Intro to Probability and Statistics OR Statistics for the Behavioral Sciences OR Business and Economics Statistics
- **Chemistry:** Introductory Chem; Intro to General, Organic, and Biochem; General Chem I; O Chem I (one or multiple)
- **Anatomy**
- **Physiology**
- **Microbiology**
- **Psychology:** General Psychology AND/OR Lifespan Psychology
- **Sociology/Anthropology:** Introduction to Sociology OR Cultural Anthropology
- **Nutrition** (CSU Bakersfield, CSU Chico, Fresno State, Cal State LA, Sac State, San Jose State)
- **Ethics** (Fresno State)



Lower Division Major Coursework (UC's)

Requirements vary by campus

- **Math:** UCI – Intro to Probability and Statistics; UCLA – Calculus
- **Biology:** UCI – Cell and Molecular Biology AND Genetics; UCLA - Cell and Molecular Biology
- **Chemistry:** UCI – General Chemistry I AND General Chemistry II; UCLA – General Chemistry I AND General Chemistry II AND Organic Chemistry I
- **Anatomy**
- **Physiology**
- **Microbiology**
- **Psychology:** UCI – General Psychology AND Lifespan Psychology; UCLA – General Psychology
- Additional Coursework
 - UCLA: College Composition, Elements of Public Speaking, AND Intermediate Composition and Critical Thinking
 - UCI: Introduction to Public Health AND Introduction to Sociology or Cultural Anthropology AND Nutrition AND Ethics



Concurrent Enrollment Program (CEP) Overview

- Concurrent Enrollment Programs allow students to be enrolled at a community college Associate's in Nursing program and university Bachelor's of Science in Nursing program simultaneously
- Benefits:
 - Can accelerate the completion of a BSN program
 - Theory complements skills learned in an Associate's in Nursing program
 - Provides access to a larger support network
- Challenges
 - ADN and BSN schedule overlap
 - May become very difficult to manage multiple roles and responsibilities if time management skills are not good
 - Financial Aid may be limited for some programs



SBVC Partnerships for BSN Advancement

CSU San Bernardino

- 3 years
- 10 courses
- 30 units
- Fall and Spring classes
- Hybrid
- ~\$20,000

Grand Canyon University

- 2.5+ years
- 11 courses
- 36 units
- Winter and Summer classes; once ADN is completed, Fall and Spring classes are also available
- Online
- ~\$13,000

Loma Linda University

- 2.5+ years
- 14 courses
- 47 quarter units (31.33 sem. units)
- Summer classes; once ADN is completed, Fall and Spring classes are also available
- Online
- ~\$20,000



First Semester – Fall

- SBVC NURS 150 Foundations of Nursing (4 units)
- SBVC NURS 151 Introduction to Medical Surgical Nursing (5 units)
- *CSUSB NURS 3026 Health Assessment RN (3 units)*

Second Semester – Spring

- SBVC NURS 160 Nursing Care of the Childbearing family and Newborn (4 units)
- SBVC NURS 161 Beginning Medical Surgical Nursing (5 units)
- *CSUSB NURS 3610 Strategies for Patient Ed, Health Promotion, Care Coordination (3 units)*

Third Semester – Fall

- SBVC NURS 250 Nursing Care of Children and their Families (4 units)
- SBVC NURS 251 Intermediate Medical Surgical Nursing (5 units)
- *CSUSB NURS 3100 Pathophysiology/Pharmacology (4 units)*

Fourth Semester – Spring

- SBVC NURS 260 Mental Health Nursing (4 units)
- SBVC NURS 261 Complex Care and Leadership (5 units)
- *CSUSB NURS 4222 Nursing Research & EBP (UD Scientific Inquiry/B) (3 units)*

Fifth Semester – Fall

- *CSUSB NURS 3010 Role Transition to Professional Nursing Practice (Upper Division WI) (3 units)*
- *CSUSB NURS 4510 Community/Public Health Promotion (Upper Division Social Science/D) (3 units)*
- *CSUSB NURS 4512 Community/Public Health Promotion Lab (3 units)*

Sixth Semester – Spring

- *CSUSB UD GE (C) Elective (3 units)*
- *CSUSB NURS 4610 Nursing Leadership (3 units)*
- *CSUSB NURS 4612 Nursing Leadership Lab (2 units)*



CSUSB

CALIFORNIA STATE
UNIVERSITY, SAN
BERNARDINO



First Semester - Fall

- SBVC NURS 150 Foundations of Nursing (4 units)
- SBVC NURS 151 Introduction to Medical Surgical Nursing (5 units)

Winter

- *GCU NRS – 415 Nursing Leadership & Interprofessional Collaboration (3 units)*

Second Semester - Spring

- SBVC NURS 160 Nursing Care of the Childbearing family and Newborn (4 units)
- SBVC NURS 161 Beginning Medical Surgical Nursing (5 units)

Summer

- *GCU NRS – 420 Health Assessment (3 units)*
- *GCU NRS – 450 Nursing Informatics (3 units)*

Third Semester – Fall

- SBVC NURS 250 Nursing Care of Children and their Families (4 units)
- SBVC NURS 251 Intermediate Medical Surgical Nursing (5 units)

Winter

- *GCU NRS – 455 Pathophysiology (3 units)*

Fourth Semester – Spring

- SBVC NURS 260 Mental Health Nursing (4 units)
- SBVC NURS 261 Complex Care and Leadership (5 units)

Summer

- *GCU NRS – 460 Complex Disease Management (3 units)*
- *GCU NRS – 425 Health Promotion and Population Health (3 units)*

Remaining BSN Courses After Passing NCLEX-RN

- *GCU PHI-413V Ethical and Spiritual Decision-Making in Healthcare (3 units)*
- *GCU HLT-362V Applied Statistics for Health Care Professionals (3 units)*
- *GCU NRS – 445 Nursing Research and Evidence Based Practice (3 units)*
- *GCU NRS – 465 Applied Evidence-Based Project and Practicum (6 units)*



GRAND CANYON
UNIVERSITY



First Semester – Fall

- SBVC NURS 150 Foundations of Nursing (4 units)
- SBVC NURS 151 Introduction to Medical Surgical Nursing (5 units)

Second Semester – Spring

- SBVC NURS 160 Nursing Care of the Childbearing family and Newborn (4 units)
- SBVC NURS 161 Beginning Medical Surgical Nursing (5 units)

Summer (8 weeks)

- *LLU NRSG 337 Strategies for Prof Transition (4 qu units)*
- *LLU NRSG 324 Nursing Informatics/Evidence-Based (3 qu units)*
- *LLU NRSG 425 Intro to Epidemiology (3 qu units)*
- *LLU REL_ Religion Course (2 qu units)*

Third Semester – Fall

- SBVC NURS 250 Nursing Care of Children and their Families (4 units)
- SBVC NURS 251 Intermediate Medical Surgical Nursing (5 units)

Fourth Semester – Spring

- SBVC NURS 260 Mental Health Nursing (4 units)
- SBVC NURS 261 Complex Care and Leadership (5 units)

Summer (8 weeks)

- *LLU NRSG 429 Nursing Research (3 qu units)*
- *LLU NRSG 407 Complex Nursing Concepts of Health & Disease (6 qu units)*
- *LLU NRSG 428 Health Promotion for Nurses (4 qu units)*

Remaining BSN Courses After Passing NCLEX-RN

- *LLU NRSG 414 Mgmt & Leadership for RN (5 qu units)*
- *LLU REL_ course (2 qu units)*
- *LLU NRSG 424 Professional RN Capstone (7 qu units)*
- *LLU NRSG 416 Public Health Nursing (4 qu units)*
- *LLU NRSG 434 PH Nursing Lab for RN (3 qu units)*



LOMA LINDA UNIVERSITY



Additional Accelerated BSN Pathways for ADN Students

- CSU Fullerton Jump Start
- CSU Dominguez Hills BSN Summer Fast Track
- CSU Long Beach Step-Up Bridge Program
- CSU Northridge ADN-BSN Collaborative
- San Diego State University Cross Enrollment ADN
- Sonoma State Collaborative Nursing Education Continuum Model Track





Key Takeaways

- Understanding the academic rigor
- Comprehensive Support
- Help prepare Nursing students for success
- Encourage students to attend information meetings
- Stay up-to-date with requirements

